



Beverly Rotary Club Sprocket Newsletter

Dec 17, 2020
Issue 25



SNOW, SNOW, SNOW, OH NO!

WHITE CHRISTMAS ALL BUT ASSURED WITH FOOT DROP A WEEK BEFORE... YOU WANTED IT!



Rachel H. the Red Nose



Grumpy Jelly Jones



Sean G. The Dentist

Yes, once a year I turn into a styling snowman, with green plaid (NOT Red, see inside) and watch over a club full of misfits. Come along to our island... and see if I can last another 6 months in the Captains seat!!



Hey Santa it's me, Ellen!



Bob M. in the Box



Manitoba Neiland

BELL RINGING THIS WEEKEND, YOU WILL BE REMINDED - JACOB MARLEY

Pay for lunch, happy dollars, or just a good old donation. Keep the dream alive
<https://beverlyrotaryclub.ejoinme.org/MyEvents/COVIDRESPONSE/tabid/1143470/Default.aspx>



**Say goodbye
to 2020 in style
with our new
Burn it Down,
Live it Up
RAFFLE!**

DRAWING 12/22

YOU DO NOT NEED TO BE PRESENT

2020 has been a most unusual year and we here at the Rotary are glad it's almost over. To celebrate the end of 2020 we are having a Raffle with a FABULOUS gift pack (Value \$400) including:

TO CELEBRATE WITH YOUR OWN PERSONAL POD

- New Year's Take out Dinner for Two from Frank on Rantoul St
- Bottle of Bubbly
- Party favors to celebrate NYE
- and many other positive vibes gifts

TO BURN AT A FIRE PIT OF YOUR CHOICE

- Toilet Paper or trade for \$\$\$
- Masks and PPE or trade for \$\$\$
- Log Bundles & Paper Maché Virus's
- COVID memories not worth remembering
- Plus other rotten things



Prizes delivered in vintage Holiday vehicle.
(Blond not included)

**ONLY \$25
per ticket
act fast!**

<https://beverlyrotaryclub.ejoinme.org/MyEvents/BURNITDOWNLIVEITUP/tabid/1200215/Default.aspx>

Let's send off 2020 with a hearty and healthy farewell!!!



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Last weeks news, Tuesday Dec 10.20

Meeting was called to order by Marshall Handly at 12:16

Pledge of Allegiance was led by Barry Sullivan, followed by Freddie and Dianne leading us in the Dreidel Song and an invocation led by Mike Duda.

"Happy Birthday" was sung for Don Fornier, Michael Cahill, Ed Cahill, Frank Kaminski, and Helen Lowenstein.

The following were guests of the Beverly Rotary club:

David Edward - prospective member
Barry Sullivan - prospective member
Michael Wilson-speaker
David Deutsch

Announcements:

Al Temkin - one more bell ringing spot left at 4 PM, so email him; December 18th Around Town session with Sarah MacBurnie Liporto
Brian Murphy - End of the year raffle - burn it down and live it up; tickets are \$25; winner will be drawn December 22
Marshall Handly - Fundraising committee meeting right after this meeting

Sergeant-at-Arms - Thad Siemasko

Reading copy of Beef magazine and 25 things to be thankful for in the pandemic
Dave Olson - for great calves (although Al's are great too)
Mike Duda - online church service
Share some things we are grateful for:
Thad - raised almost \$1m dollars for The Cabot last week; while stuck at home, had a chance to have family dinners with Miranda and bonus daughters
Marshall Handly - for all of the members of Rotary who have made the effort to attend these meetings and keep our group going; going on bike rides with Thad and Al and seeing the area
Rachel Williams - never would have retired and can help people in other ways; honeymoon is still on for over a year; thankful for where we are
Dianne Palter-Gill - thankful to be able to work from home and have food/shelter/health; in a job where she can help people get into jobs quickly
Jackie Rapisardi - gets to see her grandchildren every day
Sue Gabriel - able to spend more time with family since kids are home a lot more; got to see her middle one finish her final paper to get 2 degrees in such a short time; community support at Beverly Bootstraps has been exceptional

Al Temkin - served with Bill Howard and Becky Beckman to review salaries for public officials and made a presentation this week and felt confident their recommendations would be approved, but made him proud that the discussion the Council had focused on all of those who are having a really hard time - leaders in this city do what they say, which is refreshing and appreciate the city's leadership; Harborlight Community Partners and proud to serve on that board - people moved into the High St project, so thankful to see it come to fruition after working on it for so long
Mike Jones - daughter is in first grade and his wife gets a break during the day; schools are going to shut down before Christmas and extend the vacation by a week; everyone is doing the right thing
Bill Beckman - brought in a former employee to be pharmacy manager at the end of March - and kept an alternate pharmacist off-site (him), so it made his life a lot easier
Rachel Hand - times were hard on her sister, and she decided to move back east (aka in Rachel's house)
Ed Cahill - sergeant with eclectic reading taste; have done more with outdoor dining and hope to do it this weekend with his brother
Matt Piaker - was supposed to apply for Medicare - they ask you questions and it was more difficult than applying for a mortgage - be ready to get your memory tested
Mark Brislin - appreciate what Thad and Bill Howard and the other founders did for The Cabot

Guest Speaker / Program:

Michael Wilson - author of a book for families struggling with addiction; President of Baystate Recovery Center, a nationally recognized Certified Intervention professional (CIP), and the author of Loving Lions: A Guide for Families Struggling with Addiction.

Baystate is a day patient and residential program for people struggling with addiction. He is from Beverly and struggled with his own addiction for a long time. Started at a young age and harder to keep up with being sober, but finally got the help he needed in his 30's. Wanted to give back to his community and help people who weren't getting help. Started a non-profit in 2009 to fill a gap for services for families. Educated families and ways to intervene in the family system to help. Met with families

Continued next page

True to our Communities



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for free and tried to figure out what they were going through and how to develop services just for them.

He learned about his own situation while he was helping other families. Someone told him he could recover by taking the time to take care of himself, he wouldn't always need to be recovering from addiction. Started working with individuals, placing people in treatment, speaking engagements to educate people about the services available and things the family/community could do to become a stronger support system.

In 2016, opened a men's sober living area in Beverly. People were receptive to it. This year, got a bureau of substance abuse services license to open a day treatment program at the Cummings Center. A lot of programs were shut down due to the pandemic, but they adjusted and opened up in a way people could come in person. Clients are very thankful to have the resource because they get the human connection.

Every time he relapsed, he got discouraged, but it wasn't until someone told him there was a better way to do it that his life changed. He now works with families and individuals who seem hopeless because they keep trying the same thing. They build a community for them to see it in other people inspires them to try and want it for themselves.

The book he wrote, the first section is his own personal story and helps families know what they can do to change in order to help the situation.

He is willing to sign the book if you stop by the office! The library has a copy.

Discussion of intersection of addiction and the homeless population and the perception that addiction is a choice. Discussion of the intersection with the 12 step community. - 12-step and AA communities are different groups. AA thinks you need to stay connected to meetings in order to stay well. 12 steps is part of Baystate's recovery program and discuss recovering and becoming recovered. Don't discourage people from choosing whatever recovery process works for them.

With the legalization of cannabis, how is that viewed? Alcohol is more of a gateway than marijuana. Parents talk about alcohol and show responsible use, but that isn't the same for marijuana.

Are harm reduction processes also part of the work? Yes. Working with people in any version of their recovery.

Meeting Adjourned: 1:16 PM

Scribe of the week:
Jillian Dubman December 10, 2020



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Worldwide Adventures of Handly

Did I ever tell you about our family road trip through the Appalachia in the spring of 1952? Our dad piled us all in the Ford Town and Country with simulated wood paneling, and fold back seat. My brother Kevin and I spent most of the trip waving and gesturing to other travelers through the back window. We were "rascals" back then, and on a picnic stop in Tennessee, we strayed off the path and found a chicken farm. Our first thought was to chase the chickens and scare the bejesus out of them. Little did we understand the feistiness of southern hen(s) and we were attacked by a gaggle of chickens intent on doing us harm. Our clothes were shredded but we escaped nearly unhurt. Our mom who was the resourceful one took us to a consignment shop and was able to cloth us in replacement duds. Unfortunately all they had in our sizes were animal prints and bold florals. I guess the embarrassment of these garments was our punishment. A few days later we were in Tupelo Mississippi and came across a street musician who seemed to have poison ivy since he was twitching and moving in all directions. He caught sight of Kevin and I and exclaimed, "you two fellas look like refugees from the zoo, I like the look, maybe someday I'll do something with it!". Well later we found out that young man was none other than Elvis Presley, who did make a Jungle Room at Graceland. We were so excited we went down to see in person. We regaled the tour group with our story when suddenly security appeared and escorted us out, never to return. Alas we never did get to see Elvis again but we think of him fondly every time we see an animal print or jungle florals. Until next time.



Marshall
and
Kevin prior
to Chicken
Coop
Disaster

Handly

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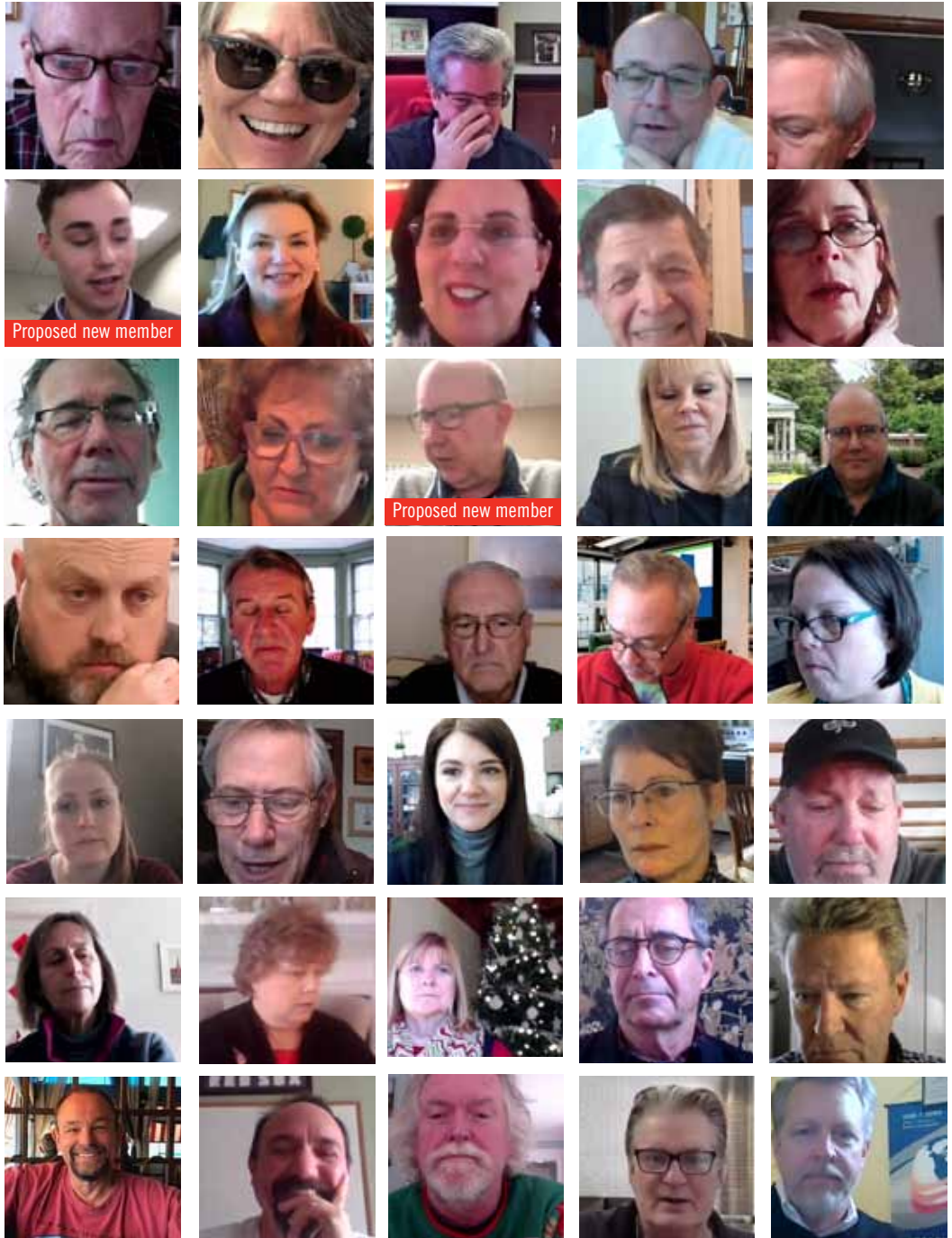
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Zoom with Beverly Rotary

A visual record of last weeks attendees. Includes the rare Jim Davies, Hipster Maureen Trefry, Nose Clearing Al Temkin, Half a Piaker and a double shot of Thad and Matt if you can find them. Plus 2 proposed new members David Edward and Barry Sullivan.



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Drinking the cool aid, or (I'm a lumberjack)

It was pointed out by a keen eyed attendee last week to our Editor that our executive team was donning gay apparel in honor of the holidays. Yes President Marshall and Veep Diane are wearing the approved Rotary plaid for executive office attire. Plebe Mike Jones has not conducted a meeting yet so he has not been issued the symbolic stripes and patterns of Rotary International. He is able to walk through Compton without fear from the Bloods. I drink all night and work all day.



Last Weeks Speaker

Michael Wilson - author of a book for families struggling with addiction; President of Baystate Recovery Center, a nationally recognized Certified Intervention professional (CIP), and the author of Loving Lions: A Guide for Families Struggling with Addiction. A fascinating look at his experience with addiction and the fall out for families.

New speaker feature in Sprocket

In the ever growing need to attract readers, the Sprocket has provided you with a gallery of images to cut out and put together a flip book and get that real in person feeling. Unfortunately at this point the flip book will be soundless, since technology hasn't caught up with archaic entertainment. You'll need to have a soundtrack in your mind to sing or hum along.